

Positive Behaviour Support Plans (PBSPs)

This secondary intervention is used as a systematic plan in response to an assessment of a student's behaviour support needs. Similar to the ILP, it is a coordinated approach by the LST to address an agreed area of difficulty or concern.

The Behaviour Support Plan is a way of helping students to use appropriate ways to communicate, make choices and participate in their educational programs, rather than relying on challenging behaviours as a way of interacting. Behaviour Support Plans aim to reduce the frequency and severity of challenging behaviours in the long term.

A PBSP should aim to:

- Observe and measure the behaviour;
- Identify what causes or contributes to the behaviour;
- Develop realistic expectations about change and how to measure results;
- Choose possible approaches and strategies for change;
- Develop, implement and regularly review the plan.

Strategies are used which may seek to:

- Minimise or avoid potential triggers;
- Modify the environment or routine;
- Change expectations and demands;
- Teach the student new skills/replacement behaviours.

A consistent approach is crucial for all involved in the plan. The expectations of behavioural change also need to be clearly defined and realistic. It may not be possible to change all behaviours at once, or in all situations. Please check the toolkit se

Please check the toolkit section below for templates and pro-formas